ORBIT · FREE SAMPLE

Score Your Home: The Readiness Score

A 10-minute, 40-point household preparedness check and a power-outage playbook. Free pages from Ready at Home by Orbit.

IN THIS FREE SAMPLE

01 The 40-point Readiness Score with four levels

02 The power-outage playbook (USDA, CDC, Ready.gov)

THE FULL GUIDE — READY AT HOME (32 PAGES)

- What agencies recommend worldwide: 72 hours → 2 weeks
- Family plan, communication and people who need extra care
- Water, food, stay-kit vs go-bag, first aid, documents & cash
- Heat, cold, storms, floods, earthquakes, smoke, evacuation & the Lights-Out Drill
- 2027 forecasts & scenarios, 8-week build plan and printable checklists

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(000) HOOK · THE READINESS SCORE

Score your home in 10 minutes

For each line: **1** = partly done, **2** = fully done, blank = not yet. Maximum 40. Re-score every 6 months.

Plan

We have a written household plan everyone has seen	1 2
Two meeting places agreed (near home + out of area)	1 2
An out-of-area contact person everyone can reach	1 2
Paper copies of key phone numbers	1 2
We know how to turn off water (and gas/electric if relevant)	1 2

Water & food

72 hours of water stored (1 gal/≈3.8 L per person per day)	1 2
2 weeks of water stored	1 2
72 hours of no-cook food	1 2
2 weeks of food we actually eat, rotated	1 2
Manual can opener + pet food if needed	1 2

Power & light

A torch per person + spare batteries	1 2
Power bank(s) charged this month	1 2
Battery or hand-crank radio	1 2
Working smoke alarms, tested this month	1 2
Carbon monoxide alarm(s) with battery backup	1 2

Health & docs

First-aid kit checked this year	1 2
Medication list + extra supply plan	1 2
Copies of IDs, insurance, prescriptions (paper + encrypted digital)	1 2
Some cash in small notes	1 2
A go-bag per person (or one family bag) ready	1 2

0–10 · Starter
Do week 1 of the build plan this weekend.

11–20 · Basic
You can handle a short outage. Build to 72 h.

21–30 · Solid
72 h covered. Work toward 2 weeks.

31–40 · Ready
Run the Lights-Out Drill twice a year.

My score today: _____ / 40 · Date: _____ · Next re-score: _____

(003) POWER OUTAGE PLAYBOOK

Lights out? Here's the order

01 **Check:** is it just you (fuse/breaker) or the street? Report it to your power company; check their outage map from your phone.

02 **Light & info:** torches, not candles where possible. Radio on for official updates.

03 **Fridge & freezer shut.** A closed fridge keeps food safe about 4 hours; a full freezer about 48 hours (24 if half full) (USDA).

04 **Unplug electronics** to avoid surge damage when power returns; leave one lamp on to know when it's back.

05 **Stay safe:** generators, camp stoves and barbecues outdoors only, at least 20 ft (6 m) from windows; never heat your home with a gas oven (Ready.gov/CDC).

06 **Check on neighbours**, especially older people and anyone on powered medical equipment.

Food rule: perishable food (meat, dairy, leftovers) that has been above 40°F (4°C) for 2 hours or more should be thrown out. When in doubt, throw it out.



The junk drawer is not a kit.

The cat has seen this before. Put torches where you can find them in the dark.